Pollo Tropical® Nutritional Information

		Serving Size (oz)	Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Dairy	Eggs	Wheat	Peanuts	Soy (* soy lecithin)	Fish	Shellfish	Tree Nuts (^coconut)	Gluten	Vegetarian (*Vegan)
Ala Carte Meat / Platters *(add choice of sides & roll)*																							
Chicken (¼ white)		6.0	360	180	20	6	0	185	730	0	0	0	43										
Chicken (¼ dark)		4.0	290	190	22	6	0	135	430	0	0	0	24										
Chicken (¼ white) without Skin		4.8	220	70	8	3	0	130	670	0	0	0	37										
Chicken (¼ dark) without Skin		3.1	170	80	9	3	0	110	300	0	0	0	21										
Chicken (½)		9.9	650	380	42	12	0	320	1160	0	0	0	67										
Grilled Chicken Breast (2)		7.0	240	60	6	2	0	170	860	10	0	1	58										
Pollo Bites™ (5)		4.4	260	90	10	1	0	65	620	13	0	0	28	•	•	•		•				•	
Pollo Bites™ (8)		7.0	410	150	17	1	0	100	990	21	1	0	44										
Mojo Roast Pork with Sauteed Onions		7.5	370	200	22	8	0	115	620	2	1	1	39										
Caribbean Ribs (½ rack) with Guava BBQ Sauce		12.5	920	470	52	23	0	215	1960	38	1	32	75										
Tropical Trio and Chicken and Ribs Platters *(add ¼ grilled chicken, choice of sides & roll)*																							
Mojo Roast Pork with Sauteed Onions		4.5	200	110	12	4	0	60	360	2	1	1	20										
Caribbean Ribs (1/6 rack) with Guava BBQ Sauce		4.5	330	160	17	8	0	70	710	17	0	15	25										
Create Your Own TropiChop® Bowl																							
Base																							
White Rice	*Small*	7.5	330	50	5	1	0	0	700	67	2	0	6										V*
	Regular	10.0	440	60	7	2	0	0	930	89	2	0	8										
Yellow Rice with Veg	*Small*	8.0	320	45	5	0	0	0	1030	61	3	3	6										V*
	Regular	10.0	400	50	6	1	0	0	1290	76	4	3	8										
Brown Rice	*Small*	7.7	290	70	8	2	0	0	640	49	2	1	5										V*
	Regular	10.0	370	90	11	2	0	0	830	63	3	1	7										
Romaine Lettuce	*Small*	2.3	10	0	0	0	0	0	5	2	1	1	1										V*
	Regular	3.8	20	5	0	0	0	0	10	4	2	1	1										
Romaine Lettuce/White Rice	*Small*	5.3	190	30	3	1	0	0	400	39	1	0	4										V*
	Regular	9.0	330	45	5	1	0	0	670	66	3	1	7										
Romaine/Yellow Rice w/ Veg	*Small*	5.8	190	25	3	0	0	0	610	37	2	2	4										V*
	Regular	9.6	320	45	5	1	0	0	1010	61	4	3	7										
Romaine Lettuce/Brown Rice	*Small*	5.3	160	40	5	1	0	0	350	28	2	1	3										V*
	Regular	9.0	280	70	8	2	0	0	600	47	3	1	6										
Mac & Cheese	*Small*	8.4	410	240	27	14	0	65	1450	30	1	2	18	•	•	•		•*				•	V
	Regular	12.6	610	360	40	20	0	100	2170	44	2	2	27										
Mashed Potato & Gravy	*Small*	7.8	280	130	15	9	0	40	870	33	4	2	4	•		•		•*				•	
	Regular	12.0	430	200	22	14	1	60	1360	49	6	2	7										
Black Beans	*Small*	5.0	180	45	5	0	0	0	380	25	10	1	9										V*
	Regular	8.0	280	70	8	1	0	0	610	41	15	2	14										
Red Beans	*Small*	5.0	150	40	5	0	0	0	720	23	5	2	7	•									
	Regular	8.0	250	60	7	1	0	0	1160	37	7	3	11										
Meats																							
Boneless Chicken Breast	*Small*	3.5	120	30	3	1	0	85	430	5	0	0	29										
	Regular	7.0	250	60	6	2	0	175	870	10	0	1	60										
Pollo Bites™	*Small*	4.4	260	90	10	1	0	65	620	13	0	0	28	•	•	•		•				•	
	Regular	7.0	410	150	17	1	0	100	990	21	1	0	44										
Mojo Roast Pork	*Small*	3.0	170	90	10	4	0	60	260	0	0	0	19										
	Regular	6.0	330	180	20	7	0	115	520	0	0	0	39										
Toppings																							
Diced Tomatoes		1.0	5	0	0	0	0	0	0	1	0	1	0										V*
Kernel Corn		1.0	30	10	1	0	0	0	45	5	1	3	1	•									V
Sauteed Onions		1.0	20	15	2	0	0	0	70	2	1	1	0										V*
Peppers		1.0	15	5	1	0	0	0	70	2	1	1	0										V*
Kids Meals *(entrée only - add chocolate chip cookie, choice of 1 platter side & regular drink or apple juice)*																							
Chicken (Dark) Meal		4.0	290	190	22	6	0	135	430	0	0	0	24										
Chicken Breast Strips		3.5	120	30	3	1	0	85	430	5	0	0	29										
Pollo Bites™		2.6	160	60	6	0	0	40	370	8	0	0	17	•	•	•		•				•	
Kids Bowls *(entrée only - add chocolate chip cookie & regular drink or apple juice)*																							
Mashed Potato & Gravy Bowl w/ Chicken Breast		13.0	460	180	20	12	1	135	1500	44	4	2	35	•		•		•*				•	
Mashed Potato & Gravy Bowl w/ Pollo Bites™		12.1	490	210	24	11	1	85	1440	47	5	2	22	•	•	•		•				•	
Rice Bowl w/ Chicken Breast , Black beans, White rice		13.5	530	100	11	3	0	85	1290	79	9	1	41										
Rice Bowl w/ Pollo Bites™ , Black beans, White rice		12.6	560	130	14	2	0	40	1230	81	9	1	28	•	•	•		•				•	
Mac & Cheese Bowl w/ Chicken Breast		11.9	530	270	30	15	0	150	1880	35	1	2	47	•	•	•		•*				•	
Mac & Cheese Bowl w/ Pollo Bites™		11.0	560	300	33	14	0	105	1820	38	1	2	34	•	•	•		•				•	
Family Meals																							
Chicken, Corn, Rolls - add lg yellow or fam brown/white rice		39	2140	930	104	31	1	675	3510	146	14	67	159	•		•		•				•	
Whole Chicken, Sweet Plantains, Rolls		31	2110	910	101	27	0	655	2850	156	10	68	147			•		•				•	
Pollo Bites™ Meal - includes 20 bites & 4 rolls - add lg side		21	1320	410	46	3	0	255	2910	109	1	13	118	•	•	•		•				•	
Family Add Ons																							
Chicken (½)		9.9	650	380	42	12	0	320	1160	0	0	0	67										
Grilled Chicken Breast (2)		7.0	240	60	6	2	0	170	860	10	0	1	58										
Pollo Bites™ (8)		7.0	410	150	17	1	0	100	990	21	1	0	44										
Mojo Roast Pork w/ sauteed onions		11	550	300	33	12	0	175	910	3	1	2	58										
Caribbean Ribs (½ rack) with Guava BBQ Sauce		12.5	920	470	52	23	0	215	1960	38	1	32	75										
Sides																							
White Rice	*Platter-2 sides/Kid's*	4.5	200	30	3	1	0	0	420	40	1	0	4										V*
	Platter-1 side/Regular	7.5	330	50	5	1	0	0	700	67	2	0	6										
	Large	13.8	610	90	10	2	0	0	1280	122	3	1	11										
	Family	20.0	890	130	14	3	0	0	1860	177	4	1	16										
Yellow Rice with Vegetables	*Platter-2 sides/Kid's*	5.0	200	25	3	0	0	0	640	38	2	2	4										V*
	Platter-1 side/Regular	8.3	330	45	5	1	0	0	1060	63	3	3	6										
	Large/Family	14.5	570	80	9	1	0	0	1870	110	6	5	11										
	Platter-2 sides/Kid's	4.5	170	40	5	1	0	0	370	28	1	0	3										

Brown Rice	*Platter-1 side/Regular*	7.7	290	70	8	2	0	0	640	49	2	1	5										V*
	Large	13.8	510	130	15	3	0	0	1140	87	4	1	10										
	Family	20.0	750	180	21	4	0	0	1650	127	5	2	14										
Black Beans	*Platter*	5.3	180	45	5	0	0	0	400	27	10	1	9										V*
	Regular	8.8	310	70	8	1	0	0	660	44	16	2	15										
	Large/Family	17.8	630	150	17	2	0	0	1350	90	33	4	30										
Red Beans	*Platter*	5.5	170	45	5	0	0	0	790	26	5	2	8										
	Regular	9.0	280	70	8	1	0	0	1300	42	8	3	12	•									
	Large/Family	18.5	570	150	16	2	0	0	2670	86	17	6	25										
White Rice and Black Beans	*Platter-2 sides/Kid's*	9.8	380	70	8	1	0	0	820	67	11	1	13										V*
	Platter-1 side/Regular	12.8	520	90	10	2	0	0	1100	93	11	1	15										
	Large	22.5	920	160	18	3	0	0	1940	166	19	2	26										
	Family	37.8	1510	280	31	5	0	0	3210	268	37	5	47										
Yellow Rice w/ Veg & Black Beans	*Platter-2 sides/Kid's*	10.3	340	70	8	1	0	0	810	59	12	2	12										V*
	Platter-1 side/Regular	13.5	450	80	9	1	0	0	1080	80	13	2	15										
	Large	23.3	770	140	16	2	0	0	1870	137	22	3	25										
	Family	32.3	1090	220	25	3	0	0	2550	183	38	5	41										
Brown Rice and Black Beans	*Platter-2 sides/Kid's*	9.8	350	90	10	2	0	0	770	55	11	2	12										V*
	Platter-1 side/Regular	12.8	460	110	13	2	0	0	1020	74	12	2	14										
	Large	22.5	820	200	23	4	0	0	1800	131	20	3	25										
	Family	37.8	1370	340	38	5	0	0	3000	217	39	6	44										
White Rice and Red Beans	*Platter-2 sides/Kid's*	10.0	370	70	8	1	0	0	1210	65	6	2	11										
	Platter-1 side/Regular	13.0	500	90	10	2	0	0	1490	92	7	2	14	•									
	Large	22.9	890	160	18	3	0	0	2600	164	11	4	24										
	Family	38.3	1450	270	30	5	0	0	4500	262	21	7	42										
Yellow Rice w/ Veg & Red Beans	*Platter-2 sides/Kid's*	10.5	330	70	8	1	0	0	1210	58	7	2	11										
	Platter-1 side/Regular	13.8	430	80	9	1	0	0	1480	78	8	3	13	•									
	Large	23.7	740	140	16	2	0	0	2530	135	14	5	23										
	Family	32.8	1030	220	24	3	0	0	3850	178	22	8	35										
Brown Rice and Red Beans	*Platter-2 sides/Kid's*	10.0	340	90	10	1	0	0	1170	54	6	2	11										
	Platter-1 side/Regular	13.0	450	110	13	2	0	0	1410	73	7	3	13	•									
	Large	22.9	800	200	23	3	0	0	2460	130	12	5	22										
	Family	38.3	1310	330	37	5	0	0	4300	212	22	9	39										
Kernel Corn	*Platter*	4.0	120	30	4	2	0	5	170	19	3	12	4										
	Regular	7.8	240	60	7	3	0	10	330	38	5	23	8	•									V
	Large	15.5	480	120	14	5	0	25	660	75	10	45	15										
Caesar Salad	*Platter*	2.5	130	110	12	2	0	10	200	4	1	1	2										
	Regular	4.0	210	180	20	4	0	15	320	6	2	1	4	•	•	•		•	•			•	
	Large	7.2	370	320	36	6	0	30	570	9	3	2	6										
Balsamic Tomatoes	*Platter*	5.2	120	80	9	1	0	0	870	10	2	7	1										V*
	Regular	8.0	190	120	14	1	0	0	1360	15	3	10	2										
	Large	16.0	370	250	27	2	0	0	2720	30	5	20	4										
Boiled Yuca with Garlic Sauce	*Platter*	8.6	310	80	10	2	0	0	460	55	3	1	1										V*
	Regular	10.8	370	90	10	2	0	0	540	70	4	1	1										
	Large	19.1	670	170	20	3	0	0	990	123	8	1	2										
French Fries	*Platter/Regular*	3.8	250	100	11	2	0	0	350	32	3	0	3										V*
	Large	6.0	390	170	18	4	0	0	570	52	5	1	5										
Green Beans	*Platter/Regular*	4.0	90	50	6	1	0	0	95	8	3	2	2										V*
	Large	8.0	180	100	11	1	0	0	190	15	5	5	3										
Mac & Cheese	*Platter*	4.2	200	120	13	7	0	35	720	15	1	1	9										
	Regular	8.4	410	240	27	14	0	65	1450	30	1	2	18	•	•	•		•*				•	V
	Large	16.0	770	460	51	26	0	125	2760	56	2	3	34										
Sweet Potato Casserole	*Platter*	4.0	110	20	3	2	0	5	180	21	3	9	2										
	Regular	8.0	220	40	5	3	0	10	360	43	6	19	4	•									V
	Large	16.0	450	80	9	6	0	20	710	86	11	37	7										
Mashed Potatoes	*Platter*	4.0	160	80	9	5	0	25	440	19	2	1	3										
	Regular	8.0	330	150	17	11	1	50	880	37	4	2	5	•									V
	Large	15.5	630	300	33	21	1	95	1700	72	8	3	10										
Chicken Gravy	*Platter*	0.9	10	0	0	0	0	0	120	1	0	0	0										
	Regular	1.8	15	5	0	0	0	0	240	3	0	0	0			•		•*				•	
	Large	2.7	25	5	1	0	0	0	350	4	0	0	0										
Mashed Potatoes and Gravy - add potato and gravy values above														•		•		•*				•	
Corn Casserole	*Platter*	3.8	210	90	11	2	0	0	370	28	2	11	3										
	Regular	7.5	420	190	21	4	0	5	740	57	5	21	5	•				•*					V
	Large	15.0	840	380	42	7	1	5	1470	114	9	42	10										
Coleslaw	*Platter*	4.0	260	200	22	4	0	15	380	17	2	14	1										
	Regular	7.0	460	340	38	6	1	30	660	30	3	24	2		•								V
	Large	15.0	980	730	82	13	1	60	1420	64	7	52	4										
Dinner Roll		0.9	70	10	1	0	0	0	110	14	0	3	2			•		•				•	V
Flour Tortilla		1.1	90	20	2	1	0	0	220	16	1	0	3			•						•	V
Tropical Favorites																							
Sweet Plantain	*Platter (Atl/Orl)*	3.6	230	50	5	1	0	0	0	43	3	23	2										
	Regular	7.2	450	100	11	2	0	0	0	85	6	46	3										V*
	Large	13.4	840	180	20	3	0	0	0	159	12	85	6										
Fried Yuca	*Regular*	4.7	320	130	14	7	0	0	430	46	2	2	1										V*
	Large	9.4	640	260	29	13	0	0	870	92	4	5	3										
Desserts																							
Flan		4.0	210	80	9	5	0	90	550	26	0	26	8	•	•								V
NY Cheesecake Slice		4.7	460	260	29	16	0	115	380	44	0	27	5	•	•	•		•*				•	V
Key Lime Pie Slice		5.6	550	220	24	11	0	20	340	78	0	61	7	•	•	•		•*				•	V
Pecan Pie Slice		4.5	510	210	23	7	0	75	430	70	1	41	6	•	•	•					•	•	V
Quatro Leches		6.0	430	170	19	11	0	110	250	56	0	49	12	•	•	•						•	V
Chocolate Chip Cookie		2.0	250	110	12	5	0	10	200	35	1	20	2		•	•		•*			•^	•	V
Soups, Salads, Sandwiches & Wraps *(Combos add choice of req side or cup of soup and req drink)*																							
Caribbean Chicken Soup	*Cup*	8.4	150	25	3	0	0	20	850	20	2	2	11										
	Bowl	16.8	300	50	5	1	0	45	1730	41	3	3	22										
Chicken Caesar Salad		10.8	510	340	38	8	0	120	1030	18	3	3	36	•	•	•		•	•			•	
Pollo Bites Caesar Salad		12.7	690	430	48	8	0	110	1340	28	3	2	40	•	•	•		•	•			•	
Chicken Quesadilla Salad		18.8	1060	700	78	17	1	135	2100	56	8	11	46	•	•	•						•	
Pollo Bites Quesadilla Salad		20.6	1250	790	87	17	1	125	2410	67	8	11	50	•	•	•		•				•	
Chicken Quesadilla Salad w/o Dressing		16.9	520	190	21	8	0	115	1300	46	8	4	45	•		•						•	
Tangy Shrimp & Bacon Salad		15.7	840	640	71	17	0	175	2120	22	4	7	35	•	•	•				•		•	
Shrimp Substitute for Salad (8)		3.2	70	5	1	0	0	130	125	0	0	0	15	•						•			
Grilled Chicken Substitute for Salad		3.5	120	30	3	1	0	85	430	5	0	0	29										

Crispy Chicken Substitute for Salad		5.2	250	80	9	1	0	75	580	11	0	0	31	•	•	•		•				•	
Classic Chicken Sandwich w/ Peppadew Sauce		7.6	430	170	19	3	0	95	770	41	0	9	35		•	•		•				•	
Crispy Classic Chicken Sandwich w/ Peppadew Sauce		9.3	560	220	25	3	0	85	920	47	1	9	36	•	•	•		•				•	
Chipotle Chicken Sandwich		7.9	430	170	19	3	0	90	900	40	1	8	35	•	•	•		•				•	
Crispy Chipotle Chicken Sandwich		7.9	560	220	25	3	0	80	1060	46	1	8	36	•	•	•		•				•	
Chicken BLT Sandwich		8.8	570	260	29	9	0	125	1170	41	0	9	44	•	•	•		•				•	
Crispy Chicken BLT Sandwich		10.5	700	320	36	9	0	115	1350	47	1	8	46	•	•	•		•				•	
Guava BBQ Pork Sandwich		10.0	660	300	34	7	0	75	1070	64	2	32	26		•	•		•				•	
Chicken Caesar Wrap		9.9	700	380	42	8	0	125	1470	51	4	5	46	•	•	•		•	•			•	
Chicken Quesadilla Wrap		9.8	690	330	36	14	0	145	1410	50	3	6	56	•	•	•		•				•	
Pollo Bites™ Caesar Wrap		9.9	790	430	48	8	0	90	1540	57	4	5	39	•	•	•		•	•			•	
Pollo Bites™ Quesadilla Wrap		9.8	770	380	42	14	0	110	1480	55	4	6	48	•	•	•		•				•	
Tangy Shrimp & Bacon Wrap		9.1	610	330	37	6	0	110	1420	47	4	7	29	•	•	•		•		•		•	
Shrimp Substitute for Wrap (6)		2.4	50	5	1	0	0	100	95	0	0	0	11	•						•			
Grilled Chicken Substitute for Wrap		3.5	120	30	3	1	0	85	430	5	0	0	29										
Crispy Chicken Substitute for Wrap		5.2	250	80	9	1	0	75	580	11	0	0	31	•	•	•		•				•	
Coleslaw Add-On		4.0	260	200	22	4	0	15	380	17	2	14	1		•								V
Bacon Add-On for Sandwich and Wrap		0.5	70	45	5	3	0	15	250	0	0	0	5										
Condiments / Salsa Bar																							
Fresh Salsa		1.0	5	0	0	0	0	0	115	2	1	1	0										V*
Garlic Sauce (Mojo)		0.8	80	80	9	1	0	0	180	2	0	0	0										V*
BBQ Sauce		1.0	50	0	0	0	0	0	300	12	0	11	0										V*
Guava BBQ Sauce		1.0	60	0	0	0	0	0	170	15	0	13	0										V*
Chipotle Mayo		1.0	160	150	17	3	0	10	270	2	0	1	0	•	•								V
Curry Mustard		1.0	150	150	17	0	0	0	15	0	0	0	0		•								V
Caesar Dressing (1.75 foz/salad)		1.8	290	280	31	6	0	30	470	1	0	1	3	•	•	•		•	•			•	
Chipotle Ranch Dressing (1.75 foz/salad)		1.8	260	240	27	4	0	10	380	5	0	3	0	•	•								V
Cilantro Garlic Sauce		1.0	160	150	17	3	0	15	170	2	0	0	0		•								V
Peppadew® Spread		1.0	150	140	16	3	0	10	90	3	0	3	0		•								V
Spicy Poyo-Poyo		1.0	100	70	7	2	0	0	320	2	1	0	0										V*
Ketchup		1.0	35	0	0	0	0	0	320	8	0	6	0										V*
Pineapple Rum Sauce		1.0	60	0	0	0	0	0	90	14	0	13	0			•		•				•	V*
Jalapeno Slices		1.0	5	0	0	0	0	0	300	1	1	0	0										V*
Diced Onions		1.0	10	0	0	0	0	0	0	3	0	1	0										V*
Drinks																							
Materva (12 oz can)		12	160	0	0	0	0	0	50	40	0	40	0										V*
Jupina (12 oz can)		12	200	0	0	0	0	0	50	50	0	50	0										V*
Apple Juice (box)		6.8	100	0	0	0	0	0	15	24	0	24	0										V*
Mexican Coca-Cola® (12 oz bottle)		13	150	0	0	0	0	0	85	39	0	39	0										V*
Tropical Rhythms Island Mango® (8 oz bottle)		8	130	0	0	0	0	0	40	33	0	27	0										V*
Tropical Rhythms Reggae Medley® (8 oz bottle)		8	130	0	0	0	0	0	10	32	0	31	0										V*
Drinks *(full cup without ice)*																							
Tea, Unsweet	*Regular*	20	10	0	0	0	0	0	0	2	0	0	0										V*
	Large	32	15	0	0	0	0	0	0	4	0	0	0										
Tea, Sweet	*Regular*	20	220	0	0	0	0	0	0	56	0	53	0										V*
	Large	32	350	0	0	0	0	0	0	89	0	85	0										
Mango Tea	*Regular*	20	10	0	0	0	0	0	10	2	0	0	1										V*
	Large	32	20	0	0	0	0	0	20	4	0	0	1										
Mango Sweet Tea	*Regular*	20	220	0	0	0	0	0	10	56	0	53	1										V*
	Large	32	350	0	0	0	0	0	20	89	0	85	1										
Coca-Cola®	*Regular*	20	230	0	0	0	0	0	5	62	0	62	0										V*
	Large	32	360	0	0	0	0	0	10	100	0	100	0										
Diet Coke®	*Regular*	20	0	0	0	0	0	0	25	0	0	0	0										V*
	Large	32	0	0	0	0	0	0	35	0	0	0	0										
Coke Zero®	*Regular*	20	0	0	0	0	0	0	10	0	0	0	0										V*
	Large	32	5	0	0	0	0	0	20	0	0	0	0										
Hi-C® Fruit Punch	*Regular*	20	240	0	0	0	0	0	25	62	0	62	0										V*
	Large	32	380	0	0	0	0	0	35	100	0	100	0										
Minute Maid® Lemonade	*Regular*	20	220	0	0	0	0	0	90	57	0	57	0										V*
	Large	32	350	0	0	0	0	0	150	91	0	91	0										
Sprite®	*Regular*	20	220	0	0	0	0	0	50	57	0	57	0										V*
	Large	32	350	0	0	0	0	0	80	91	0	91	0										
Dr Pepper®	*Regular*	20	230	0	0	0	0	0	80	62	0	62	0										V*
	Large	32	370	0	0	0	0	0	130	100	0	100	0										
Powerade® Mountain Blast	*Regular*	20	130	0	0	0	0	0	120	34	0	34	0										V*
	Large	32	210	0	0	0	0	0	190	54	0	54	0										
Fuze® Raspberry Tea	*Regular*	20	150	0	0	0	0	0	20	40	0	40	0										V*
	Large	32	210	0	0	0	0	0	35	57	0	55	0										
Minute Maid® Limeade	*Regular*	20	250	0	0	0	0	0	25	68	0	68	0										V*
	Large	32	400	0	0	0	0	0	35	109	0	109	0										

Not all items listed are available in all markets. The nutritional and ingredient information is based on standard formulations. Variations can be expected due to factors such as local suppliers, regional variations, seasons of the year, slight differences in product assembly at individual restaurants, substitutions and recipe revisions, among other factors. Neither Pollo Tropical®, its employees nor franchisees assume responsibility for a particular sensitivity or allergy to any food provided in our restaurants. No products are certified as vegetarian and all products may contain trace amounts of ingredients from animals. 9/2018